



Economic Mobility and You

ECONOMIC OPPORTUNITY & FINANCIAL
EMPOWERMENT TEAM (EOFE)

NATIONAL LEAGUE OF CITIES





OUR MISSION

To relentlessly advocate for, and protect the interests of, cities, towns, and villages by influencing federal policy, strengthening local leadership, and driving innovative solutions.

NLC

Economic Mobility is often described as how a person's economic well-being **changes** over their lifetime. As a person's income increases, they are considered **upwardly mobile**.

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Economic Opportunity and Financial Empowerment Framework

Data, Metrics & Community Engagement



Economic Stability

Basic needs are met. Such as three healthy meals, housing, access to health insurance, and access to job opportunities.

- City anti-hunger efforts, connection to public benefits and refundable tax credits, job readiness and job search programs.
- **Buffalo, NY**
- **Costa Mesa, CA**



Economic Security

Stable, full-time, living wage employment; housing costs below 30% of income; access to safe, affordable financial services; access to non-predatory loans; and savings to cover basic needs.

- Workforce development strategies to advance employment, Bank On, financial counseling, coaching and education, credit building, debt reduction, and reforming municipal fines and fees.
- **Minneapolis, MN**
- **Sacramento, CA**



Wealth Building

Opportunities to advance career through education and training, business development and entrepreneurship, long term savings, homeownership, savings for children's postsecondary education.

- Children's savings accounts (CSAs), reparations, homeownership programs and incentives, financial counseling and coaching.
- **Boston, MA**
- **San Francisco, CA**

Municipal Economic Mobility in Action

Burlington, VT (pop. 44,743) launched a Personal Care Aid (PCA) Certification training course for Arabic-speaking residents using AI-powered live translation.

\$22

Average
hourly wage

5

Graduating
students

2

Continuing
education





Municipal Economic Mobility in Action

Young Harris, GA (*pop. 1,098*) will promote and host financial literacy courses amongst two key populations: Young Harris College students and the residents of Enota Village, a local income-restricted apartment complex.



80

Students
and
residents

\$200
incentives

4

Key
courses

Municipal Economic Mobility in Action

Durango, CO (pop. 19,071) launched a Bilingual Business Navigator to refer local entrepreneurs to a network of crucial business services. The City also provided seed funding and mentorship for a select number of businesses to support their maintenance and growth.

3

Local
businesses
served

23

Entrepreneur
service
organizations

28

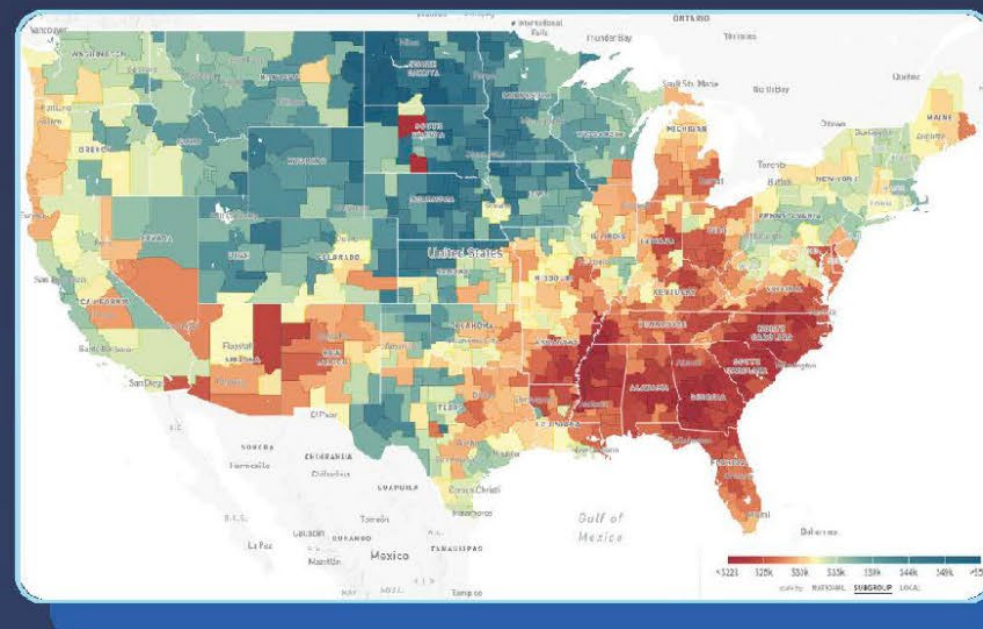
Entrepreneurs
served



Explore Opportunity, Define Priorities, Find Solutions

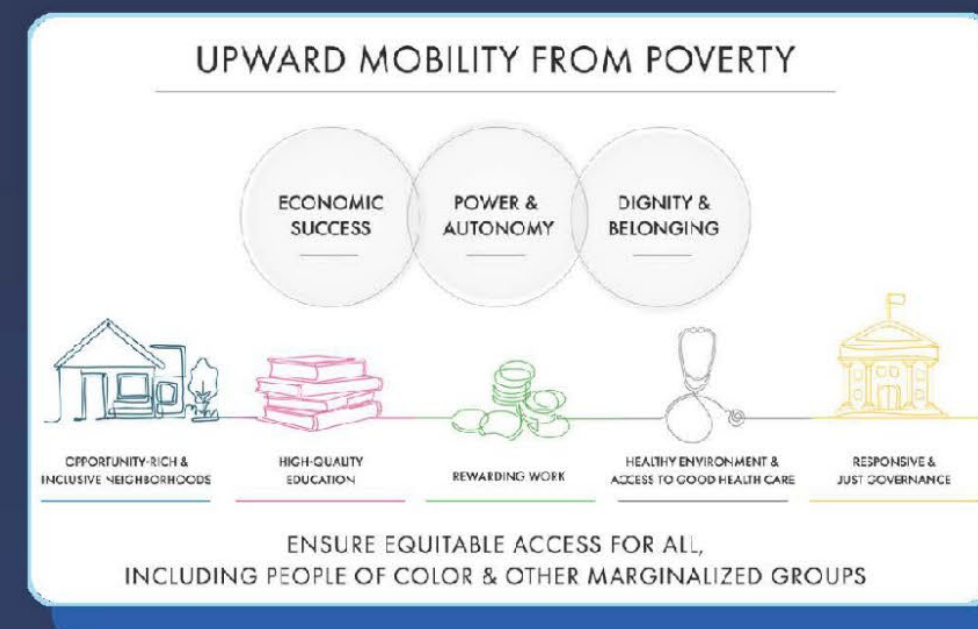
Three resources, one goal: Helping local leaders improve upward mobility for their residents. Used together, the Opportunity Atlas, the Upward Mobility Framework, and the Economic Mobility Catalog can address barriers and advance equity in municipalities across the country.

OPPORTUNITY ATLAS



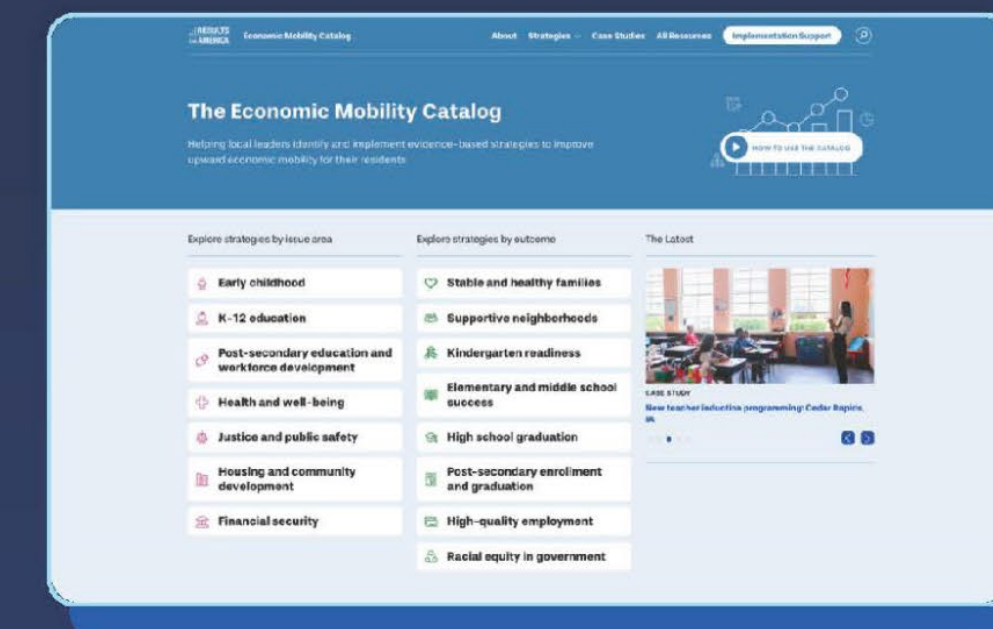
Use Opportunity Insights' Opportunity Atlas to explore the national landscape of economic mobility by Census tract, and to see outcomes by parental income, race, and gender.

UPWARD MOBILITY FRAMEWORK



Use the Urban Institute's Upward Mobility Framework to assess and make progress on the conditions that affect upward mobility and racial equity in communities.

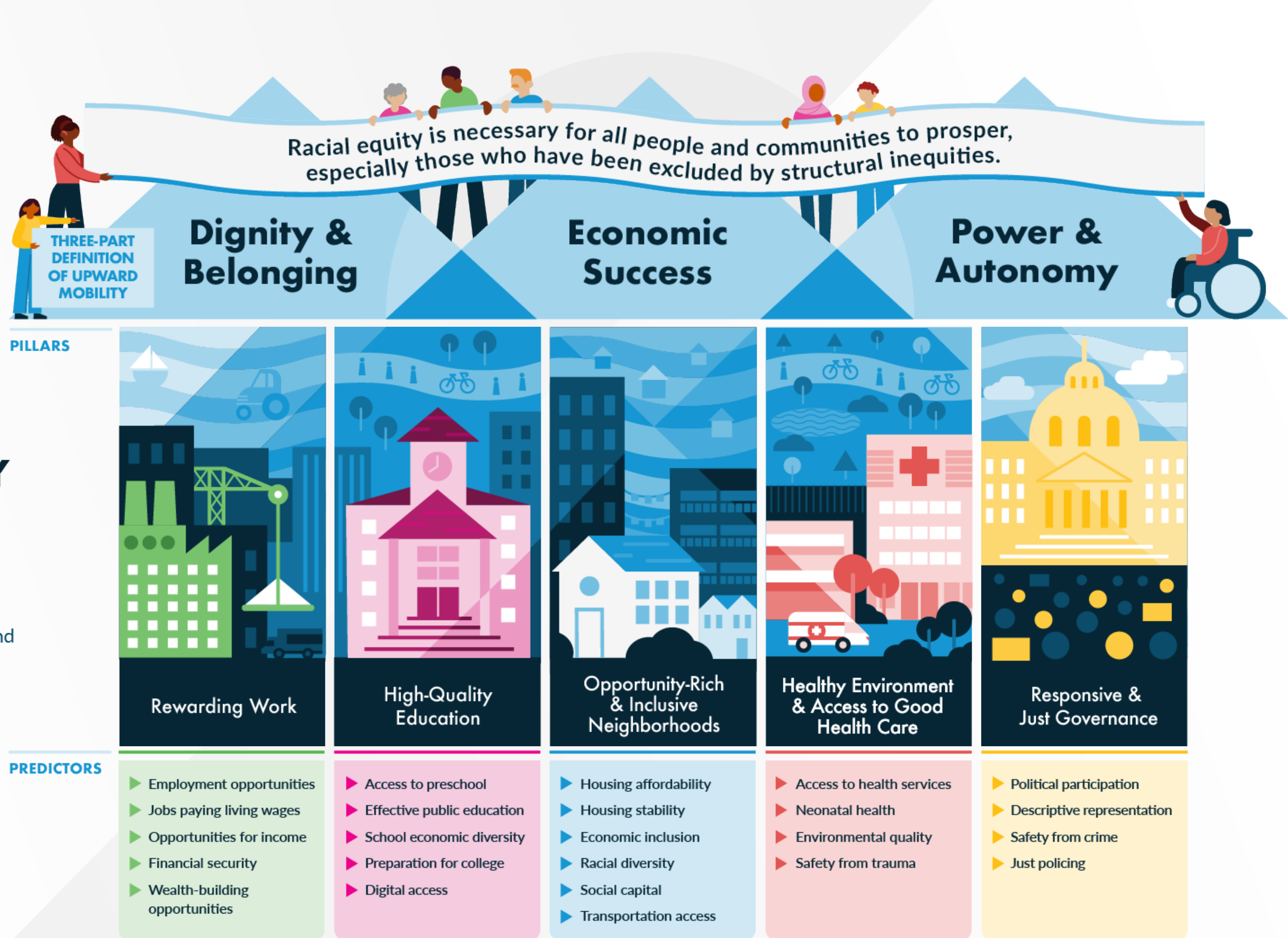
ECONOMIC MOBILITY CATALOG



Use Results for America's Economic Mobility Catalog to identify and implement hundreds of evidence-based approaches to advancing upward mobility.

UPWARD MOBILITY FRAMEWORK

The Urban Institute's evidence-based foundation for community efforts to expand prosperity and narrow racial inequities.



Essential Pillars of Support



Rewarding Work

[Rewarding work](#) pays a living wage, provides dignified work conditions, and offers economic security.



High-Quality Education

[High-quality education](#)—from preschool through postsecondary—provides a crucial avenue to economic and social mobility.



Opportunity-Rich and Inclusive Neighborhoods

[Opportunity-rich and inclusive neighborhoods](#) play a central role in supporting families' stability and well-being, their access to social and economic opportunities, and children's chances to thrive and succeed.



Healthy Environment and Access to Good Health Care

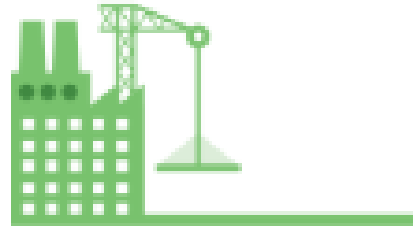
[Healthy environment and access to good health care](#) help people of all ages to surmount life's challenges, excel in school and at work, ensure their families' well-being, and fully participate in their communities.



Responsive and Just Governance

[Responsive and just governance](#) engages residents in decisionmaking and serves the needs of all community members with restraint and fairness.

Predictors



Rewarding Work

- Employment opportunities
- Jobs paying living wages
- Opportunities for income
- Financial security
- Wealth-building opportunities



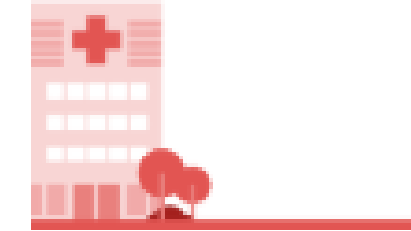
High-Quality Education

- Access to preschool
- Effective public education
- School economic diversity
- Preparation for college
- Digital access



Opportunity-Rich and Inclusive Neighborhoods

- Housing affordability
- Housing stability
- Economic inclusion
- Racial diversity
- Social capital
- Transportation access



Healthy Environment and Access to Good Health Care

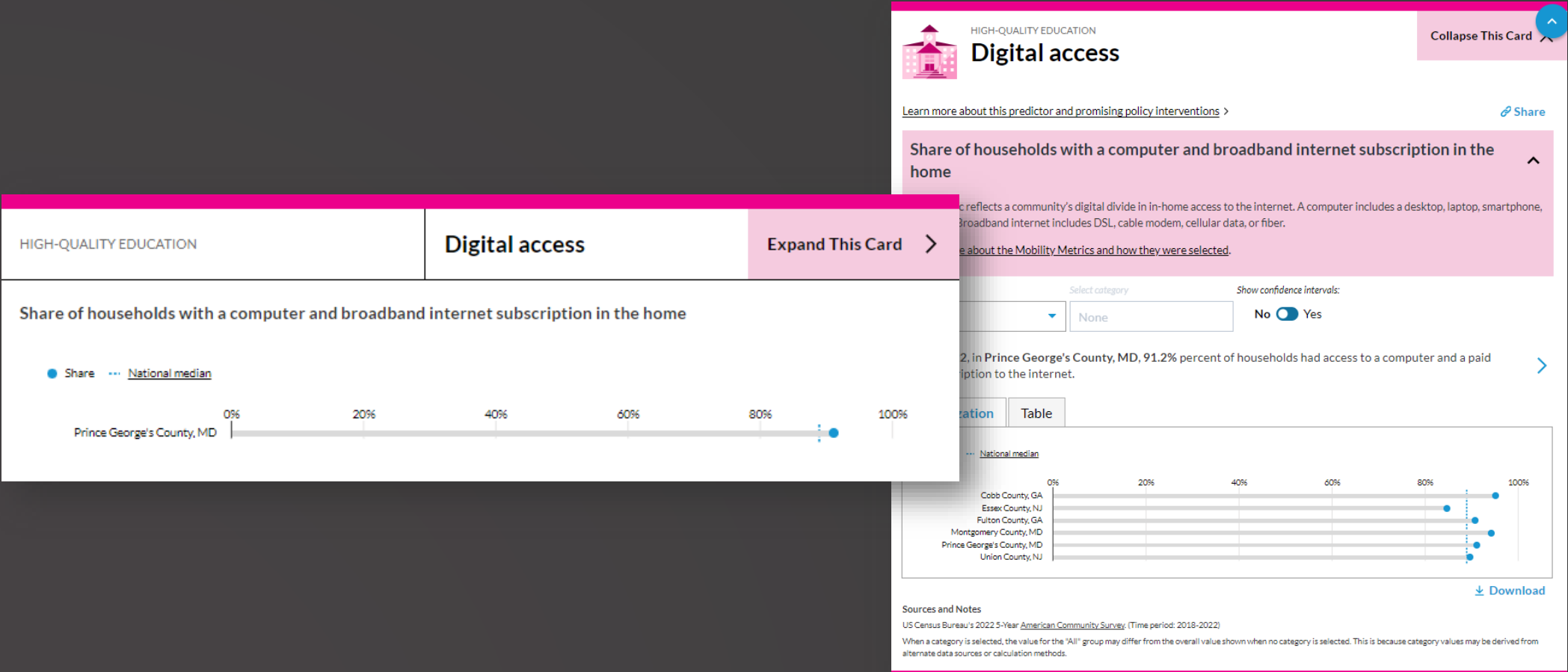
- Access to health services
- Neonatal health
- Environmental quality
- Safety from trauma



Responsive and Just Governance

- Political participation
- Descriptive representation
- Safety from crime
- Just policing

The Upward Mobility Data Dashboard



Search for specific communities

Select between 1 and 6 communities

Search for any county or any city with a population greater than 75,000 in the US.

Select predictors or pillars

Select predictors or pillars from the menu below to see the data.

Selected predictors: 24 / 24

- Rewarding Work (5 / 5)
- High-Quality Education (5 / 5)
- Opportunity-Rich & Inclusive Neighborhoods (6 / 6)
- Healthy Environment and Access to Good Health Care (4 / 4)
- Responsive and Just Governance (4 / 4)

SEARCH

Investigate regional trends

REWARDING WORK

Employment opportunities

Share of adults ages 25 to 54 who are employed

Choose geography

Counties Cities

Search for your community

Start typing...

Select year

2022

Map Chart

Explore national distributions

REWARDING WORK

Employment opportunities

Share of adults ages 25 to 54 who are employed

Choose geography

Counties Cities

Search for your community

Montgomery County (MD)

Select year

2022

Map Chart

Click here to learn how to read this chart

In 2022, in Montgomery County, MD, 85.2% of adults ages 25 to 54 were employed.

Explore This Predictor



How can you use the dashboard and Mobility Metrics?

Understand

Contextualize

Prioritize

Monitor

How can you use the dashboard and Mobility Metrics?

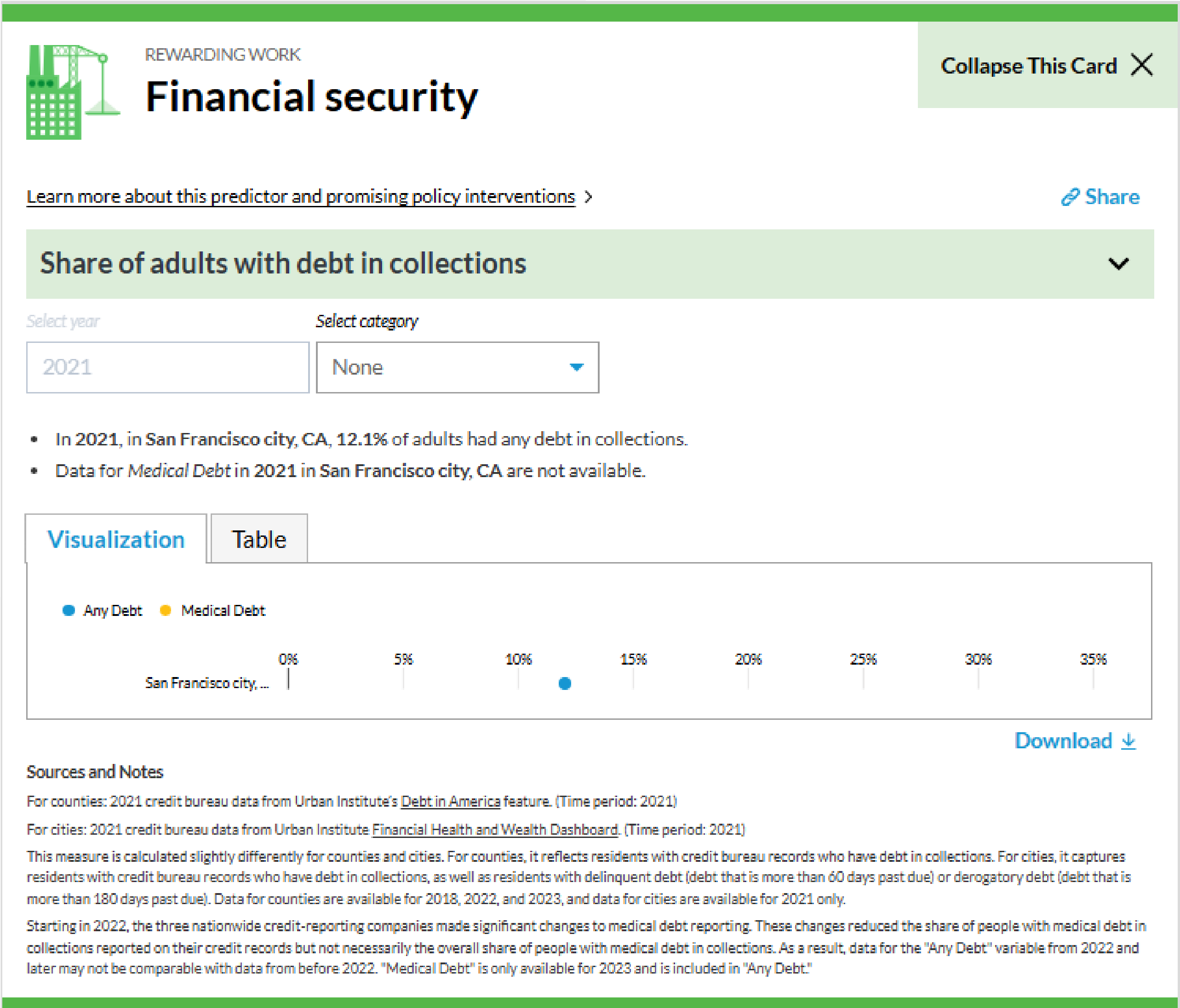
Understand

Contextualize

Prioritize

Monitor

To what extent
do people in my
community... **have
debt in collections?**



Sources and Notes

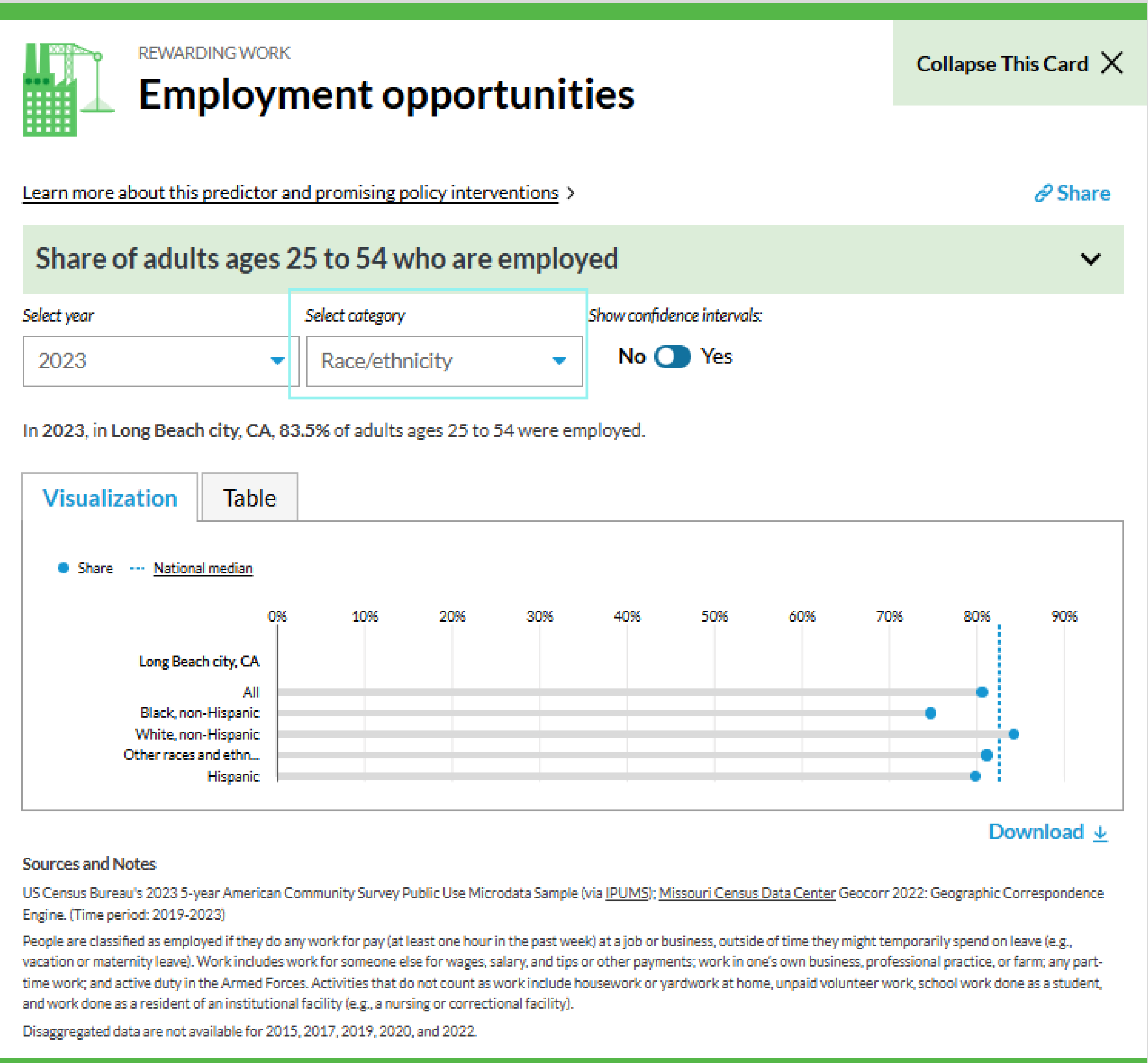
For counties: 2021 credit bureau data from Urban Institute's [Debt in America](#) feature. (Time period: 2021)

For cities: 2021 credit bureau data from Urban Institute [Financial Health and Wealth Dashboard](#). (Time period: 2021)

This measure is calculated slightly differently for counties and cities. For counties, it reflects residents with credit bureau records who have debt in collections. For cities, it captures residents with credit bureau records who have debt in collections, as well as residents with delinquent debt (debt that is more than 60 days past due) or derogatory debt (debt that is more than 180 days past due). Data for counties are available for 2018, 2022, and 2023, and data for cities are available for 2021 only.

Starting in 2022, the three nationwide credit-reporting companies made significant changes to medical debt reporting. These changes reduced the share of people with medical debt in collections reported on their credit records but not necessarily the overall share of people with medical debt in collections. As a result, data for the "Any Debt" variable from 2022 and later may not be comparable with data from before 2022. "Medical Debt" is only available for 2023 and is included in "Any Debt."

Do some groups of people in my community encounter greater barriers to achieving upward mobility?



How can you use the dashboard and Mobility Metrics?

Understand

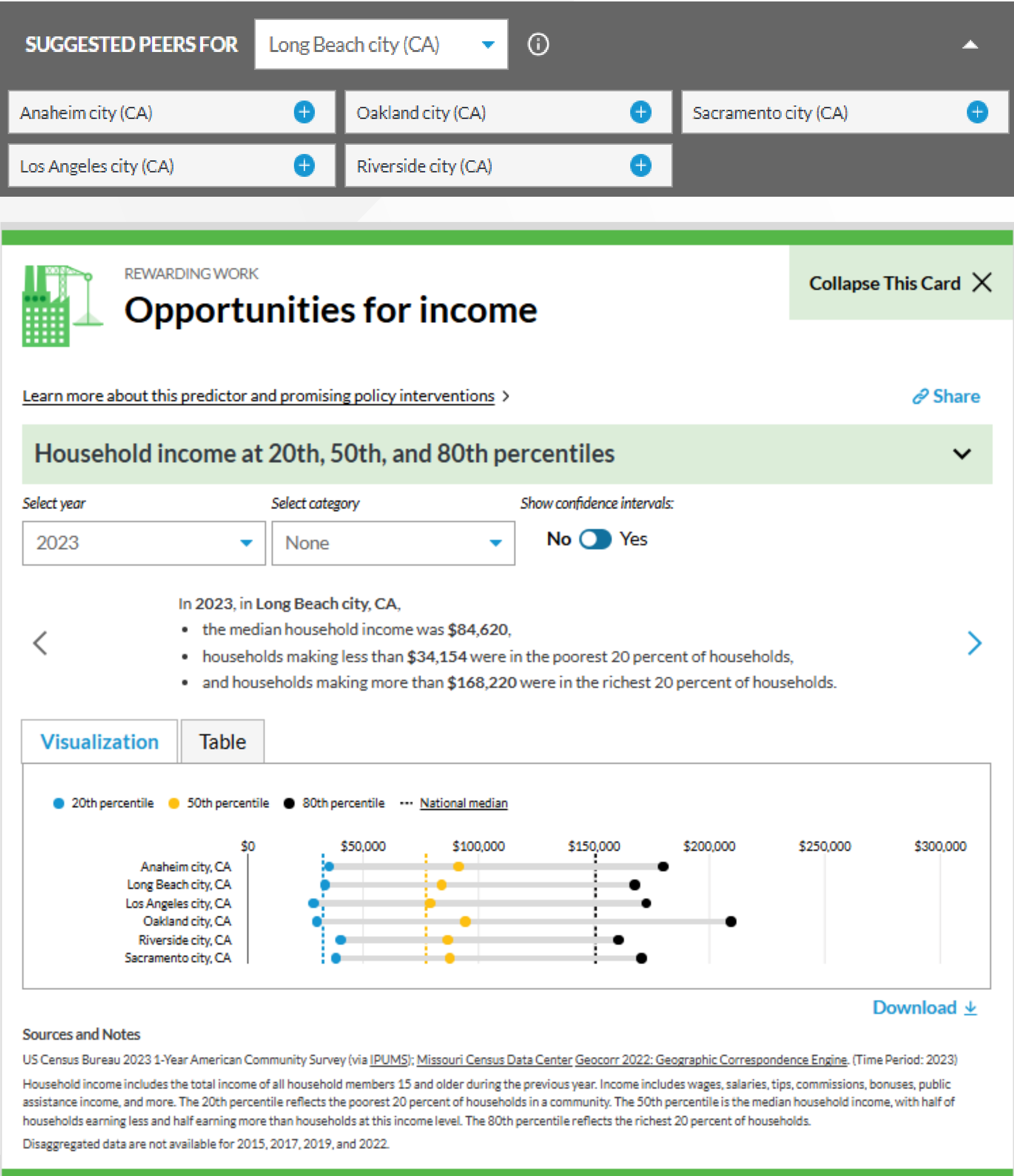
Contextualize

Prioritize

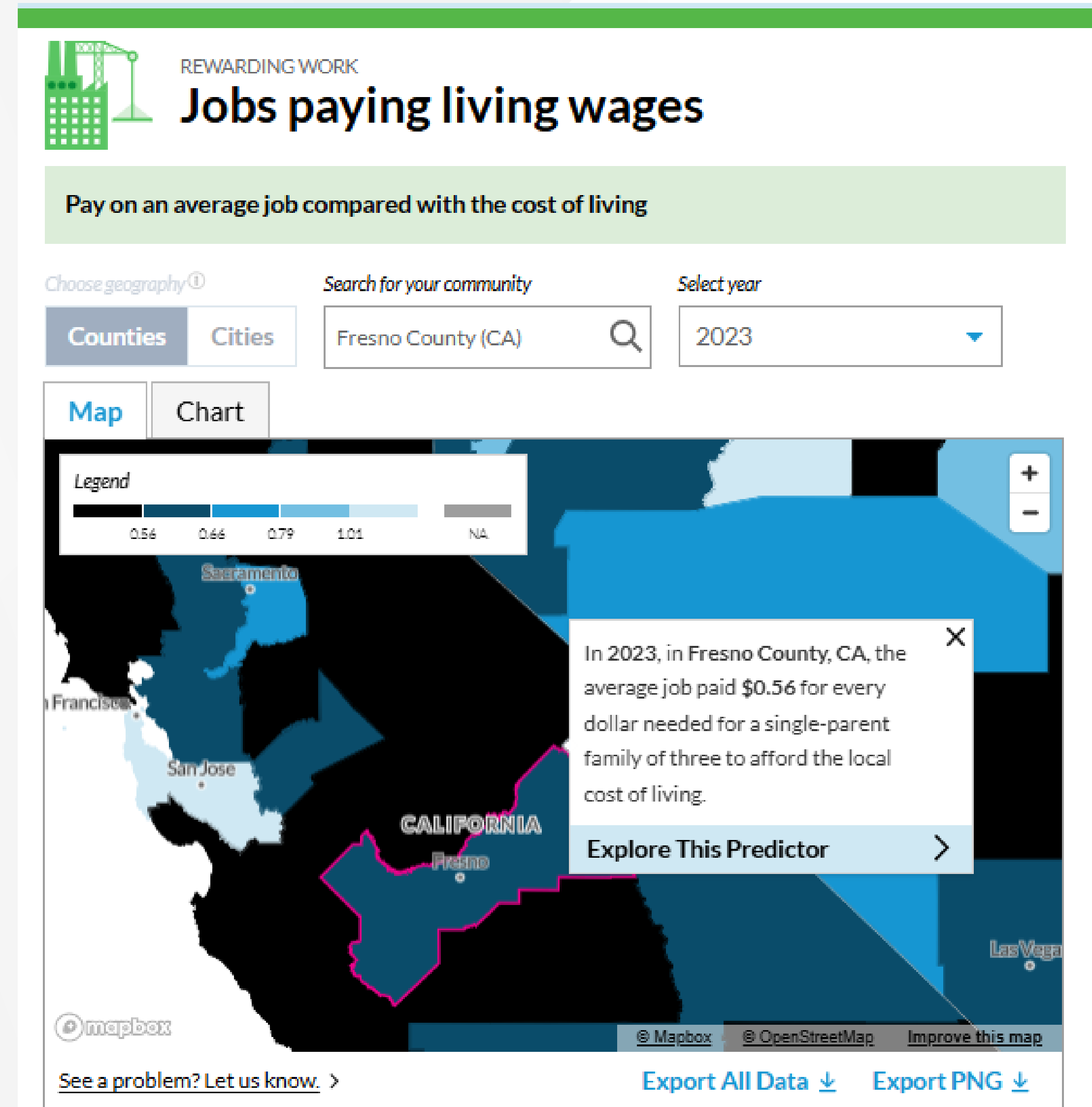
Monitor

NLC

How does my community's experience compare to other similar communities?



How does my community's experience compare to communities across the country?



How can you use the dashboard and Mobility Metrics?

Understand

Contextualize

Prioritize

Monitor

Where is my
community **doing
well?** Where could
we be **doing better?**

How can you use the dashboard and Mobility Metrics?

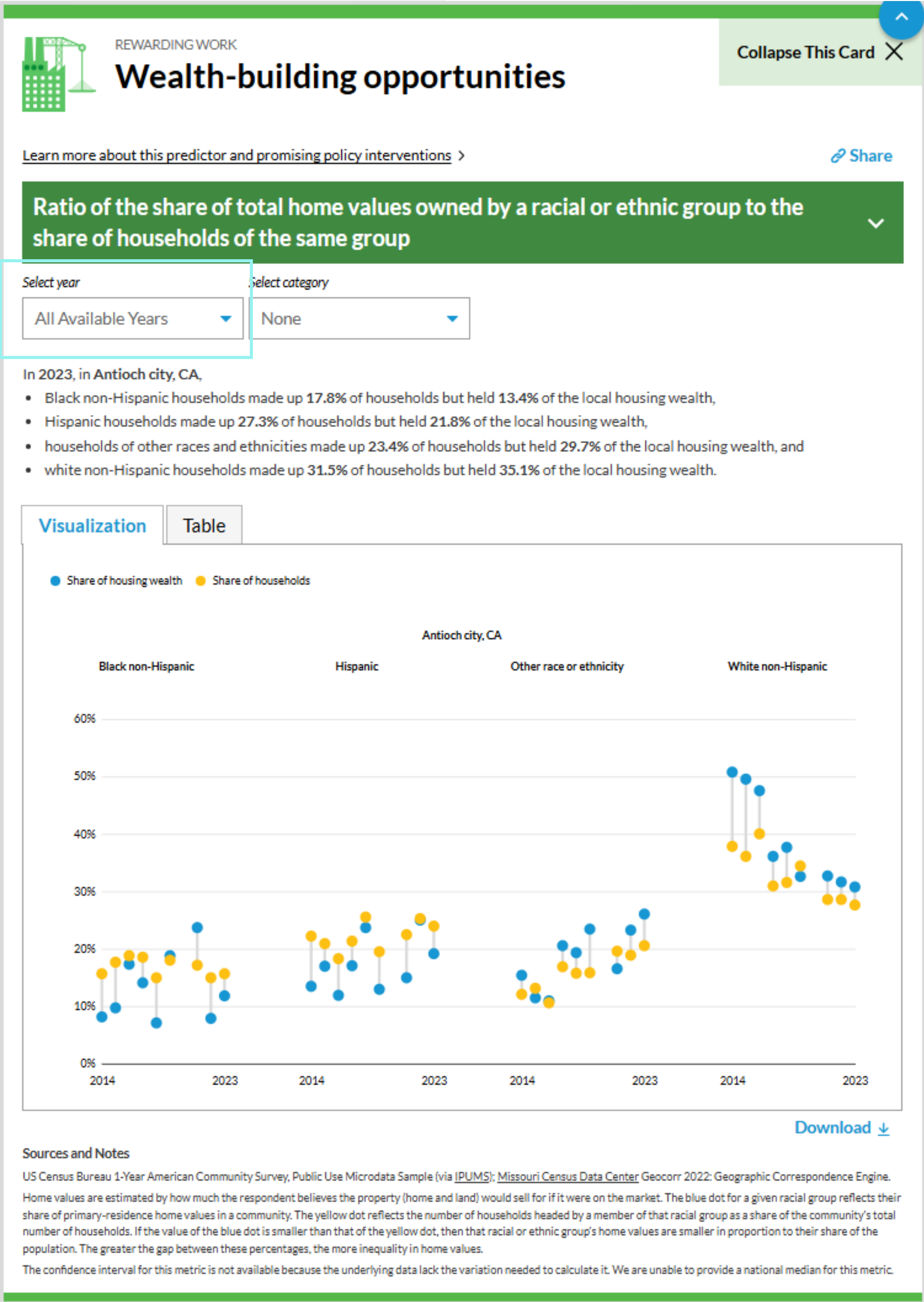
Understand

Contextualize

Prioritize

Monitor

Have my community’s efforts to boost upward mobility resulted in meaningful progress over time?





Upward Mobility Framework

<https://bit.ly/3WPK2w6>

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Economic Mobility Catalog

<https://bit.ly/3AfycTd>



Opportunity Atlas

<https://bit.ly/3WPK2w6>



Small Group Activity: Commonalities



What is **one area of economic mobility** that all members in your group are tackling in your municipalities?



What is **one barrier** that is preventing all members in your group from reaching your municipality's goal of all residents thriving?



What is **one type of partnership or stakeholder** that all members in your group are engaged with to reach your goals?



What is **one program** unique to your municipality that you are implementing or interested in exploring to improve residents' economic mobility?

Exit Ticket Evaluation

What are some of the **takeaways** you have from this session?

What are the areas you want to **explore** for future programs/policies/procedures?

What types of **outcomes** do you want to prioritize?





Join the Economic Mobility Peer Network (EMPN)

The EMPN is designed to connect city leaders with experts and each other to facilitate **ongoing peer networking** to help cities **meet economic mobility goals** grounded in equity. The Network meets on the **first Wednesday of each month** featuring live discussions or presentations of relevant topics.





SALT LAKE

PRECONFERENCE SESSIONS AND EXECUTIVE EDUCATION NOVEMBER 19

NOVEMBER
20-22
2025



citysummit.nlc.org

Wrap Up & Next Steps

Get Involved

Join the EMPN and
become a member of
NLC if you aren't
already!



Stay in Touch with EOFE

The EOFE team is here to answer
any questions you have.
Reach out at eofe@nlc.org!



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